



Services Price List



SNACKS

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| • PROTEIN DRINK | €6.50 |
| • GREENS VITAMIN DRINK | €5.50 |
| • HIGH PROTEIN SNACK BAR | €5.50 |
| • JUICES | €6.50 |

HOLISTIC THERAPIES

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|--------------------------------------|------|
| • YOGA BREATHWORK 1HR | €65 |
| • YOGA BREATHWORK WORKSHOP
2HRS | €95 |
| • AYURVEDIC CONSULTATIONS | €150 |
| • BACK MASSAGE MALE & FEMALE | €90 |
| • FULL BODY MASSAGE FEMALE ONLY | €140 |

APERATIVO & AFTERNOON TEA

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|---------------------------------------|-------|
| • APERATIVO & WHOLEFOOD NIBBLES | €15 |
| • AFTERNOON TEA & ORGANIC CAKES | €15 |
| • PER EXTRA PERSON
(TEA/APERATIVO) | €7.50 |

